

# Take a Break's Take a Crossword

## FOOD for thought



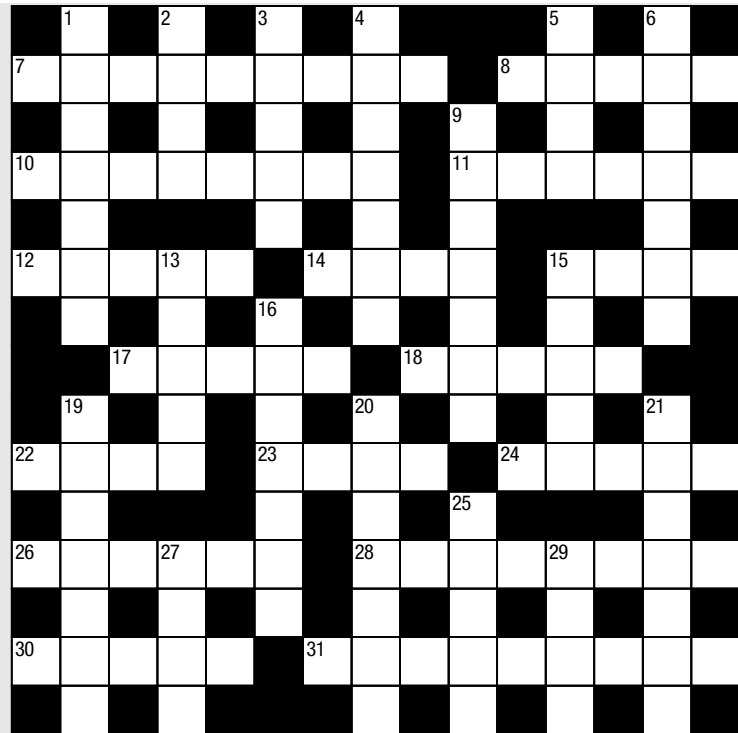
### ACROSS

- 7** Edible flower head which typically represents spring on a Four Seasons pizza (9)  
**8** Hard-skinned fruit that can be hollowed out and used as a container (5)  
**10** Prawn - - -, starter popularised by Fanny Cradock in the 1970s (8)  
**11** - - - pekoe, superior grade of tea from India or Sri Lanka (6)  
**12** Irish dish of mashed potatoes and scallions (5)  
**14** Vegetable seen on the cap badge of the Welsh Guards (4)  
**15** - - - Julep, alcoholic drink traditionally consumed at the Kentucky Derby (4)  
**17** Staple ingredient with plain, stoneground and wholemeal varieties (5)  
**18** French sauce of garlic, olive oil and egg (5)  
**22** - - - dog, US fast food consisting of a sausage deep-fried in batter (4)  
**23** Gypsy - - -, pastry with a filling made of **2D** and muscovado sugar (4)

- 24** Meat from animals killed in accordance with Muslim law (5)  
**26** Capsicum whose spiciness is measured by the Scoville scale (6)  
**28** Aromatic herb known for its pine and citrus taste (8)  
**30** Sirloin or rib eye, eg (5)  
**31** Peach cultivar prized for its smooth skin (9)

### DOWN

- 1** Buttery bread believed to have originated in Normandy (7)  
**2** Evaporated - - -, sweet tinned dairy product (4)  
**3** Cereal grain avoided by people with a gluten allergy (5)  
**4** Small frying pan often made of cast iron (7)  
**5** - - - farl, doughy scone which is an important component of an Ulster Fry (4)  
**6** Relative of **28A** common in Mediterranean recipes (7)  
**9** Melton Mowbray's most famous export? (4, 3)  
**13** Juicy fruit sometimes served with Parma ham (5)



- 15** - - - toast, crispy snack invented in honour of an opera singer (5)  
**16** Pungent yellow condiment which has been about since Roman times (7)  
**19** Porridge which can be fried or baked in Italian cuisine (7)  
**20** Teatime treat for the thinking man? (7)  
**21** Pasta dish beloved of the cartoon cat Garfield (7)  
**25** Scotch - - -, hearty soup made with mutton and barley (5)  
**27** Bell-shaped fruit which is fermented to make Babycham (4)  
**29** West African plant also known as ladies' fingers or gumbo (4)